

# Triathlon!



## What do you do in triathlons?

In triathlons you start with a swim and do a 1,500m then you get on your bike and do 40km biking, after you get off your bike and do a 10km run.



## Dates.

On saturday the 4th the triathlon starts and on tuesday the 7th August it ends.

## Facts about triathlon.

There is 110 athletes in london 2012 Olympics. In London 2012 there are 2 gold medals available in the olympics for the triathlons. The number of competitors is 110:55 men and 55 womens.

